



COOK CENTER FOR  
HUMAN CONNECTION



# ParentGuidance.org

50% of parents worry their child is struggling but don't know what to do.

## Free Resources

ParentGuidance.org helps parents find answers to help guide their child.

## 50+ On-demand Courses

Led by licensed therapists and clinicians who provide trusted and specialized courses. Discover the power you have to shape your child's well-being.

## Ask A Therapist

Find 30+ mental health questions submitted by parents, answered by licensed therapists.



Get free access at  
[www.ParentGuidance.org](http://www.ParentGuidance.org)

