COLORADO OFFICE OF SCHOOL SAFETY
Crisis Unit

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Office of School Safety - SB23-241

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How Can We Support

- Critical Incident Response
  - Mental Health Support
  - Incident Command Support
- PREPaRE Workshop 1 and 2
- Crisis Response Planning
- Crisis Response Training
- Consultation
Mental Health Support

- Supplemental to the mental health support available within the school.
- Provision of interventions ranging from classroom meetings up to group and individual crisis interventions.
- Available to debrief with teams after an event to evaluate what went well, what needs improvement, and ongoing support needed for both community and responders.
Incident Command Support

- Assistance in establishing Incident Command System within the school.
- Establishes clear roles and responsibilities during crisis.
- Allows for unified response with local agencies if needed.
Stress Debriefing

Staff will help participants learn details of the event, share their reactions and acknowledge normal feelings.

A refresher on self-care

Assists staff in mitigating secondary trauma and returning to their job

2 hour process

Once the original critical incident has been resolved
PREPaRE Workshops

- **Workshop One, Comprehensive School Safety Planning Prevention Through Recovery**
  - One-day workshop addresses critical components needed to develop, exercise and evaluate safety plans.
  - Designed for school administrators, safety team members, and mental health providers involved in comprehensive school safety planning.
  - Training is free to participants, with the exception of a fee for material.
PREPaRE Workshops

- **Workshop Two, Mental Health Crisis Interventions. Responding to an Acute Traumatic Stressor in Schools**
  - Two-day workshop develops the knowledge and skills required to provide immediate mental health crisis interventions following an acute traumatic stressor.
  - Open to all mental health professionals, school administrators, teachers and school personnel interested in learning about crisis response interventions to be used post-incident.
  - Also free to participants with the exception a fee for materials.
Crisis Response Planning

- Establishing procedures and resources prior to a crisis event (i.e. consent forms, referral forms, community referral lists, etc).

- Development of a Crisis Response Plan for establishing intervention priorities, providing appropriate interventions, and returning to the school environment.

- Writing the “Recovery Annex” of the Emergency Operations Plan (EOP).

- General review of the EOP to ensure best practices for mitigating the impact of exposure to trauma.
Training

- Focuses on developing crisis teams that operate within a larger multidisciplinary team.

- Recognizes that schools are unique communities understood best by those within the building.

- Includes prevention, protection, mitigation, response, and recovery.
Consultation

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Upcoming Events

• State Crisis Working Group
  4/23: Virtual

• IHE Summer Safety Symposium
  5/31: Regis

• School Safety Specialist Academy
  June 3-7: Virtual

• SRO - Advanced Training
  August 5-7: Grand Junction
  July 24-26: Denver
Thank you for all you do to keep students safe!

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