



**COLORADO**

**Office of School Safety**

Department of Public Safety

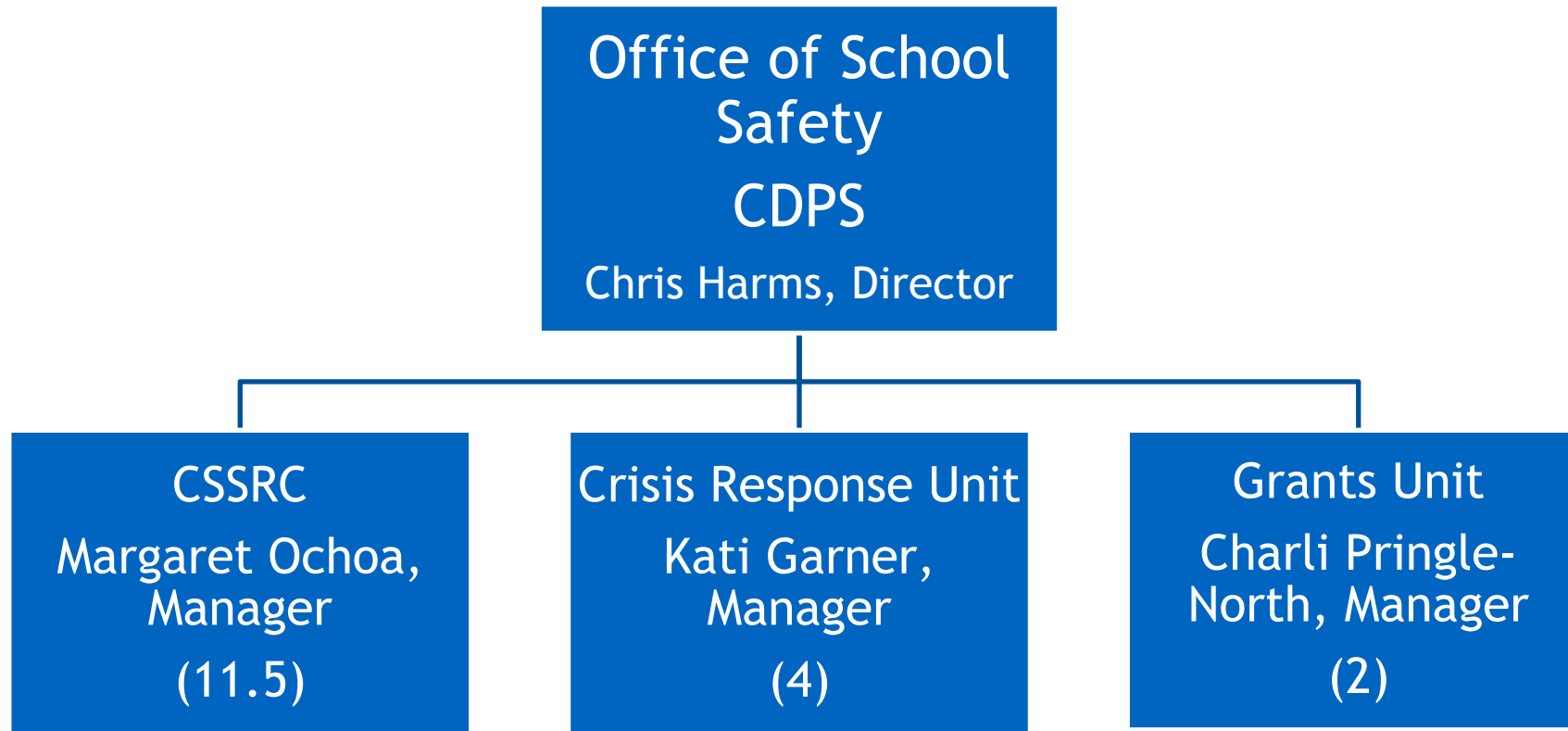
# ***COLORADO OFFICE OF SCHOOL SAFETY***

## ***Crisis Unit***

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# Office of School Safety - SB23-241



# *How Can We Support*

- Critical Incident Response
  - Mental Health Support
  - Incident Command Support
- PREPaRE Workshop 1 and 2
- Crisis Response Planning
- Crisis Response Training
- Consultation

# *Mental Health Support*

- Supplemental to the mental health support available within the school.
- Provision of interventions ranging from classroom meetings up to group and individual crisis interventions.
- Available to debrief with teams after an event to evaluate what went well, what needs improvement, and ongoing support needed for both community and responders.

# *Incident Command Support*

- Assistance in establishing Incident Command System within the school.
- Establishes clear roles and responsibilities during crisis.
- Allows for unified response with local agencies if needed.

# *Stress Debriefing*

Staff will help participants learn details of the event, share their reactions and acknowledge normal feelings.

A refresher on self-care

Assists staff in mitigating secondary trauma and returning to their job

2 hour process

Once the original critical incident has been resolved

# *PREPaRE Workshops*

- *Workshop One, Comprehensive School Safety Planning Prevention Through Recovery*
  - One-day workshop addresses critical components needed to develop, exercise and evaluate safety plans.
  - Designed for school administrators, safety team members, and mental health providers involved in comprehensive school safety planning.
  - Training is free to participants, with the exception of a fee for material.

# *PREPaRE Workshops*

- ***Workshop Two, Mental Health Crisis Interventions. Responding to an Acute Traumatic Stressor in Schools***
  - Two-day workshop develops the knowledge and skills required to provide immediate mental health crisis interventions following an acute traumatic stressor.
  - Open to all mental health professionals, school administrators, teachers and school personnel interested in learning about crisis response interventions to be used post-incident.
  - Also free to participants with the exception a fee for materials.



# *Crisis Response Planning*

- Establishing procedures and resources prior to a crisis event (i.e. consent forms, referral forms, community referral lists, etc).
- Development of a Crisis Response Plan for establishing intervention priorities, providing appropriate interventions, and returning to the school environment.
- Writing the “Recovery Annex” of the Emergency Operations Plan (EOP).
- General review of the EOP to ensure best practices for mitigating the impact of exposure to trauma.

# *Training*

- Focuses on developing crisis teams that operate within a larger multidisciplinary team.
- Recognizes that schools are unique communities understood best by those within the building.
- Includes prevention, protection, mitigation, response, and recovery.

# *Consultation*

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# Upcoming Events

- **State Crisis Working Group**  
4/23: Virtual
- **IHE Summer Safety Symposium**  
5/31: Regis
- **School Safety Specialist Academy**  
June 3-7: Virtual
- **SRO - Advanced Training**  
August 5-7: Grand Junction  
July 24-26: Denver



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*Thank you for all you do to keep students safe!*

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